



Rosamond Little League



RLL Parent Pledge

Please read, initial each item, sign, and return to any board member.

1. **I pledge to get my child to practices and games on time.** I understand that it can be embarrassing for my child to be late and that I may be putting him/her at risk by not providing adequate time for warm up. I will be on time to pick up my child from all games and practices. This shows respect for the coach, and it tells my child that he/she is my top priority. _____
2. **I pledge to use positive encouragement to fill my child's Emotional Tank because athletes do their best when their "Emotional Tank" is full.** I understand that fewer than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are: 1) to have fun, 2) to make new friends, and 3) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective. _____
3. **I pledge to reinforce the ELM Tree of Mastery with my child: E for Effort, L for Learning and M for bouncing back from Mistakes.** Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self. _____
4. **I pledge to "Honor the Game."** I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will "Honor the Game" and be SILENT! _____
5. **I pledge to refrain from yelling out instructions to my child.** I understand that this is the coach's job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates, and coaches. I will limit my comments during the game to encouraging my child and other players for both teams. _____
6. **I pledge to refrain from making negative comments about my child's coach in my child's presence.** I understand that this "plants" a negative seed in my child's head that can negatively influence my child's motivation and experience. _____
7. **I pledge to be a friendly guest and representative of Rosamond Little League.** I understand that I am a guest of Rosamond Little League while in attendance of any game, practice or league function whether home or away. I understand that I can and will be suspended from any and/all games due to the actions and behavior of myself or my guests. I will honor the RLL Parent Pledge and Parent Code of Conduct in my words and actions. _____

Parent/Guardians Signature **Date:** _____

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